

**Getting to the core of the problem:**  
**Critical steps that are essential when carrying out positioning- seating assessments regardless of the complexity of the client**

Do we know what we are looking for? How to understand the information we find and how to translate the findings into optimal solutions?

**COURSE DESCRIPTION**

This interactive program will take participants from interdisciplinary teams through the journey that we are faced with every day as we are tasked with recommending optimal seating and positioning with or without mobility solutions for our clients. Whether you are new to this positioning-seating –mobility world or have been associated with the prescription of positioning solutions for many years, this educational opportunity will leave you refreshed and excited about the possibilities.

The concept of an ideal sitting footprint will be reviewed. We will look at common symptoms that we see every day in the seated client and ask ourselves if we are really identifying the cause of the problem or simply reacting to the associated symptoms. We will discuss the 3 top questions that need answers related to identifying clients at high risk of seated related pressure injuries. Case stories as well as interactive discussion will be utilized to navigate our way through this critical assessment and discovery process.

**COURSE OBJECTIVES**

1. Identify 3 commonly seen symptoms in the seated client
2. List the steps involved in the hands on positioning-seating assessment
3. Create an option A and an option B prescription solution in generic terms for 2 of the most common assessment findings
4. Describe 2 positives and 2 potential negatives that can be observed when gravity is used to optimize function and skin Integrity preservation
5. Identify two best practices in management of skin integrity related to seating